

Y KIDS GET A BETTER START!

# Y-KINDER GYM

**GYM CLASS** for pre-schoolers (1-5 yrs)



9.30 to  
10.30am  
**Tuesdays**  
10.45 to  
11.45am



**YWCA** | HUNTER  
REGION INC

**Y-KINDERGYM** is a fun introduction to gymnastics in a safe indoor playground. Under their adult caregivers supervision, children enjoy a circuit style class with trampoline, balance beam and various gym equipment. The program helps children to maximise their learning potential, develop gross motor skills for healthy brain and body development.

### **WHEN?**

Tuesdays  
(during school term)

Session 1:

9.30–10.30am

Session 2:

10.45–11.45am

### **WHERE?**

YWCA Hunter,  
24 Dawson St, Cooks Hill

### **HOW MUCH?**

\$10 per child *or*

\$15 per family

(2 *or more siblings*)

\$10 annual registration fee



## **FOR MORE INFORMATION**

📞 02 4929 2954

📍 YWCA Hunter, 24 Dawson St, Cooks Hill NSW 2300

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🌐 [www.ywcahunterregion.org.au](http://www.ywcahunterregion.org.au)

📘 YWCA Hunter Region Inc.

📷 [ywcahunterregion](https://www.instagram.com/ywcahunterregion)